

MASTER EXPERIENTIAL LEARNING WITH ECC

Experiential

New ideas are developed by repeatedly “experiencing” into a topic or issue.

Concept

Here, ‘concepts’ are understood as the conceptual frameworks we need in order to communicate and find our bearings in the world. In the ECC, participants develop concepts that make sense to them by connecting to their „felt sense“ and assigning individual meaning to them.

Coaching

Supporting individuals, groups and teams through the process of developing new initiatives.

Experiential Concept Coaching (ECC) introduces you to experiential thinking and learning how to support individuals and groups in their personal growth and project development.

ECC is based on the person-centered approach developed by Carl Rogers (1902-1987). Eugen T. ovio Gendlin (1926-2017) continued his research on success factors in counseling and therapy conversations and drew attention on the interaction between experience and language. ECC is grounded in the philosophical practices “Focusing” and “Thinking at the Edge” (TAE). Both guide a language-sensitive process of meaning-making that always refers to a “Felt Sense”, a felt meaningfulness in relation to a topic. Change comes about when the meaning we live by is recognised and expressed in a way that feels authentic.

ECC was developed by Prof. Hejo Feuerstein (1945-2025) and Heinke Deloch. It introduces experiential learning through a 5-part continuing education course certified by the Society for Person-Centered Psychotherapy and Counseling (GwG) and by The International Focusing Institute (TIFI).

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- ECC1** Development of innovative (project) ideas.
 - ECC2** Coaching to support internal exploration and orientation processes
 - ECC3** Effective support for overcoming mental and work-related blocks
 - ECC4** Coaching teams and groups in the development of ideas and concepts
 - ECC5** Building a communication culture that fosters innovation

